

## Planning Committee

### **Sarah Sams, MD, FAAFP**

Course Director and Associate Director, *Grant Family Medicine Residency*  
Alternate Ohio Delegate, *AAFP Congress of Delegates*

### **Alysia Herzog, MD**

Program Director, *Grant Family Medicine Residency*

### **Lindsey Ziemke**

Residency Program Specialist, *Grant Medical Education*

### **Jess Henry, aPHR**

CME Program Manager, *OhioHealth Learning CME*

## Faculty

### **Matthew Adkins, DO**

Assistant Program Director, *Grant Family Medicine Residency*

### **Stan Anderson, MD, FAAFP, DBOM**

Founder and President, *Jackson Family Practice and Ohio Weight Loss*

### **Shelley Blackburn, MD**

Assistant Program Director, *Grant Family Medicine Residency*

### **Krisanna Deppen, MD**

Program Director, *Grant Addiction Medicine Fellowship*  
Medical Director, *Maryhaven Addiction Stabilization Center*

### **Larry Frick, MD, FAAFP**

Director of Medical Missions, *GO InterNational*

### **Bryan Ghiloni, MD**

Physician, *Mount Carmel Medical Group New Albany*

### **Teresa Holt, MD**

Associate Program Director, *Grant Family Medicine Residency*

### **Rodney Kusumi, MD**

Medical Director, Infectious Disease, *OhioHealth Grant Medical Center*  
Physician, *Infectious Disease Consultants, Inc.*

### **Haruko Okada, MD**

Plastic Surgeon, *OhioHealth Plastic and Reconstructive Surgeons*

### **Abraham Parail, MD**

Interventional Cardiologist, *OhioHealth Heart and Vascular Physicians*  
Department Chair, Heart and Vascular Services, *OhioHealth Grant Medical Center*

### **Ramona Peel, MA**

Lead Trainer, *Equitas Health Institute*

### **Loretta Raiford, BA, BSN, RN, CCF**

Program Manager, Centering, *Grant Family Medicine*

### **Scott Rogers, MD**

Associate Program Director, *Grant Family Medicine Residency*

### **Robert Skully, MD**

Sr Associate Program Director, *Grant Family Medicine Residency*

### **Rundsarah Tahboub, MD, FACE**

Endocrinologist and Medical Director Endocrinology  
*OhioHealth Primary Care, Endocrinology and Pulmonary Physicians*



*OhioHealth Continuing Medical Education and Grant Family Medicine present:*

# Grant Family Medicine Conference and *Family Reunion*

Friday, January 25 through 27, 2019

Holiday Inn Columbus Downtown –  
Capitol Square  
175 E Town Street  
Columbus, Ohio 43215

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[https://ohiohealth.cloud-cme.com/  
GrantFamilyMedicineConference2019](https://ohiohealth.cloud-cme.com/GrantFamilyMedicineConference2019)



OhioHealth Learning  
2800 Corporate Exchange Drive  
4th Floor  
Columbus, Ohio 43231

 **OhioHealth**  
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# Grant Family Medicine Conference and *Family* Reunion

## Description and Objectives

This two-day event will feature several of OhioHealth Grant Medical Center's excellent physicians and graduates. This activity is designed to improve patient care by providing current information and advances in the evaluation, diagnosis and management for common medical problems encountered in primary care medicine.

After completion of this activity, participants will be able to:

1. Discuss weight loss strategies as a means of decreasing other medical comorbidities.
2. Review the newest diabetes mellitus medications.
3. Summarize the most recent geriatric treatment guidelines.
4. Discuss how team based care can improve outcomes in groups of patients sharing a medical diagnosis.
5. Review updated CHEST guidelines for the use of thromboembolic prophylaxis with novel anti-platelet therapies.
6. Review the latest state of Ohio opioid prescribing guidelines and identify strategies for effective treatment of acute and chronic pain.

## Accreditation

**AMA** | OhioHealth is accredited by the Ohio State Medical Association (OSMA) to provide continuing medical education for physicians. OhioHealth designates this live activity for a maximum of 8.75 hours *AMA PRA Category 1 credit(s)*<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**AAFP** | OhioHealth has submitted an application to the American Academy of Family Physicians (AAFP) to provide continuing medical education credits and approval is pending.

**Joint Injection Workshop** | OhioHealth is accredited by the Ohio State Medical Association (OSMA) to provide continuing medical education to physicians. OhioHealth designates this Live Activity for a maximum of 1.45 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## Register Online

<https://ohiohealth.cloud-cme.com/GrantFamilyMedicineConference2019>

The CloudCME<sup>®</sup> mobile app will be used during several presentations. Download on the App Store or Get It on Google Play! Use Institution Code: OhioHealth.



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## Friday, January 25, 2019

- 6 – 8 p.m. **Bar Crawl Scavenger Hunt** (optional)  
*Location: Holiday Inn Columbus Downtown – Capitol Square (lobby)  
175 E Town Street, Columbus, Ohio 43215*
- 6 – 8 p.m. **Family-Friendly Bowling** (optional)  
*Location: Rule (3) – 650 Windmill Drive, Pickerington, Ohio 43147*

## Saturday, January 26, 2019

- 8 – 8:30 a.m. **Registration, Breakfast and Welcome**
- 8:30 – 9:15 a.m. **Pre-Conception and Post-Natal Care**  
*Teresa Holt, MD*
- 9:15 – 10 a.m. **Group Visits: Facilitated Care Using the Centering Pregnancy Model**  
*Scott Rogers, MD  
Loretta Raiford, BA, BSN, RN, CCF*
- 10 – 10:15 a.m. **Break**
- 10:15 – 11 a.m. **Geriatrics Journal Highlights 2017 – 2018**  
*Robert Skully, MD*
- 11 – 11:45 a.m. **Turning the Tide: Ohio's Opioid Epidemic**  
*Krisanna Deppen, MD*
- 11:45 – 12 p.m. **Residency Update**  
*Robert Skully, MD  
Alysia Herzog, MD*
- 12 – 1 p.m. **Lunch**
- 1 – 1:45 p.m. **Managing Type 2 Diabetes: It's a Piece of Cake**  
*Rundsarah Tahboub, MD, FACE*
- 1:45 – 2:15 p.m. **Watchman: Balancing Risk of Stroke and Bleeding**  
*Abraham Parail, MD*
- 2:15 – 2:30 p.m. **Break**
- 2:30 – 3:15 p.m. **Evaluation of Fever in the Returning Traveler**  
*Larry Frick, MD, FAAFP*
- 3:15 – 3:30 p.m. **Closing**  
*Sarah Sams, MD, FAAFP*
- 3:45 – 5:30 p.m. **Joint Injection Workshop (optional)**  
*Bryan Ghiloni, MD*
- 6 – 8 p.m. **Family Reunion/Second Look Recruitment Party** (optional)  
*Location: Jeffrey Mansion, 165 N Parkview Boulevard,  
Bexley, Ohio 43209*

## Contact Information

**CME:** Jess Henry, [Jesse.Henry@OhioHealth.com](mailto:Jesse.Henry@OhioHealth.com)

**Event:** Lindsey Ziemke, [Lindsey.Ziemke@OhioHealth.com](mailto:Lindsey.Ziemke@OhioHealth.com)

## Sunday, January 27, 2019

- 8 – 8:30 a.m. **New OhioHealth Family Medicine Grant Tours** (optional)  
*Location: 290 E Town Street, Columbus, OH 43215*
- 8:45 – 9:30 a.m. **Practice Tips for Weight Loss and Management**  
*Stan Anderson, MD, FAAFP, DBOM*
- 9:30 – 10:15 a.m. **Providing Culturally Humble Care to Trans, Non-Binary and Gender Non-Conforming Patients**  
*Ramona Peel, MA*
- 10:15 – 10:45 a.m. **Ask the Experts: Transgender Care**  
*Matthew Adkins, DO  
Shelley Blackburn, MD  
Haruko Okada, MD*
- 10:45 – 11 a.m. **Break**
- 11 – 11:45 a.m. **TB or Not TB, That Is the Question: Diagnosis and Management of Latent Tuberculosis**  
*Rodney Kusumi, MD*
- 11:45 – 12:30 p.m. **Infectious Disease Jeopardy**  
*Rodney Kusumi, MD*
- 12:30 p.m. **Closing**  
*Sarah Sams, MD, FAAFP*

## Disclosure

As an accredited CME provider, OhioHealth must insure balance, independence, objectivity and scientific rigor in all education activities we sponsor. Faculty and planners participating in sponsored activities must disclose any significant financial interests or other relationships. Any potential conflicts of interest will be resolved and revealed at the beginning of the conference.

## Registration Information

- + Physicians: .....\$200
- + Faculty and Preceptors: .....\$125
- + Residents, Fellows and Medical Students: (Must pre-register) .....No Charge

## Cancellation and Refund Policy

OhioHealth reserves the right to cancel or delay this course due to any unforeseen circumstances. In the event this meeting would have to be cancelled, OhioHealth will refund your registration fee. We are not responsible for any travel, hotel or other costs incurred.

If a participant cancels, a refund of the registration fee, minus a 25% administrative charge, will be made if written notice of cancellation is received no later than January 18, 2019. No refunds will be granted after January 18, 2019.

If a participant is unable to attend due to inclement weather (Level 3), a refund of the registration fee, minus a 25% administrative charge, will be issued.